



Sylvia presenting at a statewide conference on education best practices.

TYPE OF WORK

I help create more equitable schools by coaching classroom teachers in social emotional learning and supporting leaders with discipline systems designed to interrupt the school-to-prison pipeline.

Sylvia Hadnot
Facilitator
Sound Discipline



Facilitator

TYPICAL DAY: Each day is a little different, I work with teachers, K-12 students and school leaders. When I am supporting students, I teach them neuroscience to help them understand what is happening in their bodies when they have big emotions –often labeled "misbehaviors". When I am support teachers, I help them unlearn the mindset that students "misbehavior" is defiant and learn a mindset that "misbehavior" is actually students' communicating a need for connection and regulation. In supporting school leaders, I help them identify problem areas in their school discipline systems and in imagining new ways of operating based on neuroscience and anti-racist educational praxis.

CAREER PATHWAY:

When I was 5 years old, I declared I wanted to be a teacher. As I got older, I pursued that dream. After teaching environmental education to incarcerated youth to teaching art to special populations, I began to realize that our schools are designed so various populations are marginalized by systems and cultures of supremacy. This is unacceptable to me as I was born with an innate understanding of the dignity of all life on planet Earth, and so I decided to see how I could apply the systems thinking skill that I developed through environmental education to affect change at the systems level.



IMPORTANT SKILLS

a mindset for systems thinking, an understanding of anti-racist educational praxis, an understanding of behavior based on neuroscience, and a belief that all people are doing their best with the skills and knowledge that they have at the time.

EDUCATION

Bachelor's Degree or equivalent life experience, Teaching Certification

SALARY RANGE

\$75,000–\$99,999

TOOLS OF THE TRADE

facilitation strategies to support self-regulation neuroscience and behavior research

"I love that I get to help make interpersonal systems better and that I get to practice science-based systems thinking everyday." – Sylvia Hadnot



www.pacifieducationinstitute.org